

Monthly Progress Interdisciplinary Care Plan

Results Draw Date From : **06/01/2008** thru **07/22/2008**

Patient Signature: _____

	Anemia				Nutrition						Osteodystrophy				AdeQuacy			
Draw Date	HCT	HGB	%SA	FERR	ALB	K+	CHO	TRIG	GLU	DLDL	CA	PHOS	IPTH-2	CAP	BUN	CRE	KT/V	URR

Patient Info & Assessment

Dry Weight _____

Weight Gain	Acceptable _____	Unacceptable _____	
Blood Pressure	Hypertensive _____	Normotensive _____	Hypotensive _____
Hospitalization	No _____	Yes _____	Reason _____

Transplant Status: **Active** _____ **Inactive** _____ **Inprocess** _____ **Unsuitable** _____ **Declined** _____

<p><u>Medical Goal:</u></p> <ol style="list-style-type: none"> 1. URR > 66% or KT/V > 1.2 2. Hgb 11-12.5; Tsat > 20%, Ferritin > 100 3. Identifies PD, HD & transplant. 4. Maintain B/P (<160/90) & Hgb 11-12-54. <p style="text-align: right;">Signature: _____</p>	<p><u>Plan/Intervention:</u></p> <ol style="list-style-type: none"> 1. a) Max BFR & DFR as tolerated. b) Increase dialyzer size as tolerated. c) Increase dialysis time as tolerated. 2. Hgb 11-12.5, Tsat > 20, & Ferritin > 100 3. Prefers HD at this time. No plan/ intervention needed. a) Educate pt on BP meds. b) Follow EPO/Iron Protocol . c) Monitor Hgb. 	<p><u>Nutrition Goal:</u></p> <ol style="list-style-type: none"> 1. Maintain lab values within range established for dialysis pts. K+ 3.5-5.4 Ca 8.4-9.5 Phos 3.5-5.5 Albumin > 3.5 <p style="text-align: right;">Signature: _____</p>	<p><u>Plan/Intervention:</u></p> <ol style="list-style-type: none"> 1. Dietary review monthly & PRN. 2. Explain role of K+ on cardiac status. 3. Explain acceptable levels of Ca & phos. 4. Explain importance of adequate albumin.
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<p><u>Nursing Goal:</u></p> <ol style="list-style-type: none"> 1. Intradialytic wt gain acceptable. 2. Maintain patent, well Functioning access without S/S of infection 3. Pt verbalizes current medications and use. 4. Identifies own kidney. <p style="text-align: right;">Signature: _____</p>	<p><u>Plan/Intervention:</u></p> <ol style="list-style-type: none"> 1. a) Educate re: complications of large fluid gains b) Teach thirst quenching techniques. c) Dietary review q month & PRN. 2. a) Rotate sites. b) Use aseptic technique. c) Teach access care, check thrill @ home b/w tx's, 3. Review meds q month 4. Review as necessary. 	<p><u>Psychosocial Problem:</u></p> <ol style="list-style-type: none"> 1. Inadequate Psychosoc. Info Due to pt phys/mental condition. 2. Difficulty adjusting to dx/tx. 3. Emotional problems. Depression problems, Inadequate support system. 4. Behavioral problem: Non-compliance, Inappropriateness, verbal Aggression. 5. Inadequate finance 6. No secondary insurance Coverage. 7. Difficulty with transportation. 8. Inadequate social or recreational outlets. 9. Needs assistance with 	<p><u>Goal:</u></p> <ol style="list-style-type: none"> 1. Sufficient info to provide quality care. 2. Adequate adjustment. 3. Positive mental health. 4. Positive attitude, cooperative behavior. 5. Decreased worry About bills. 6. Adequate insurance. 7. On-time attendance. 8. Appropriate use of leisure time. 9. Maintain family ties and social networks. 	<p><u>Plan/Intervention:</u></p> <ol style="list-style-type: none"> 1. a) Complete Psychosocial eval b) Explore other sources for info. 2. Education/counseling. 3. Evaluation/counseling/referral for Rx. 4. a) Education re: policies/procedures b) Counseling. 5. Explore resources/referrals/direct contact with creditors. 6. Encourage obtaining secondary insurance refer to AKF for assistance & apply for indigent waiver. 7. Referral/Advocacy. 8. Education/Encourage/Referrals. 9. Encouragement/Referrals/ Assistance.
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